

Sanford Center  
Return to the Ice  
Protocols & Procedures

**Home:**

- At home or upon arrival to the rink, complete the COVID 19 Return to Ice Online Questionnaire prior to any on ice activity.
- For all Sanford Center event check-ins, we will ask you to complete the self-screening tool and ask if you are showing symptoms per the self-screener. We will take your temperature upon event check-in.
- Coaches, Instructors, Volunteers, Athletes and Family with any risk factor or illnesses should not participate in any on ice activity. Stay home if you are sick or displaying COVID-19 related symptoms such as a fever (defined by the CDC as a measured temperature of 100.4°F or higher.)
- Coaches, Instructors, Volunteers, Athletes and Family are encouraged to use restrooms at home prior to leaving for the rink to limit bathroom use at the Sanford Center.
- Players are encouraged to bring their own water bottles filled from home. Players should NOT plan on refilling their bottles at the Sanford Center.
- Coaches & Instructors should be as prepared as possible to ensure complete utilization of the allowed ice time. Sanford Center will help communicate plans between instructors and coaches prior to each session at the rink.

**At the rink:**

- Upon arrival, all Coaches, Instructors, Volunteers, Athletes and Family will check in and have their temperature taken by Sanford Center staff.
- For practices or clinics, players aged 11 and older should be dropped off at Sanford Center at the designated location (Sanford Center Back Lot - Door 11) and picked up afterward. Their parents/guardians should not be in the arena. Players aged 10 and under are allowed one parent/guardian in the rink to help with any equipment needs. Masks are required for any spectators, per the Minnesota mandate. All parents/guardians may sit in the designated spot located near the Zamboni doors. No patrons are allowed in the stands or on the concourse at any time.
- Players should arrive fully dressed including skates (with skate guards) if possible. If not, exceptions for skates and helmet will be allowed. Goalies should arrive mostly dressed – we understand that goalies will need to put on additional equipment at the rink.
- Coaches, Instructors, Volunteers, Athletes and Family must all use hand-sanitizer upon entering the rink building.
  - Note: While hand sanitizing stations will be available at Sanford Center, coaches, instructors, and volunteers are also encouraged to bring hand sanitizer and disinfectant wipes for use while at the rink.
- Coaches, Instructors, Volunteers, Athletes and Family should arrive no earlier than 15 minutes prior to the start of their ice time with most of gear/equipment already on.
- Coaches must take attendance of players & coaches (Attendance Form-provided at check in). Please create consistent pods of the same coaches, volunteers, and participants with a maximum number of 25 people in each pod. Rinks are allowed to have two (2) pods of 25

people or less at a time with no mixing between groups. Accurate rosters of groups and PODs is required to be able to support local public health contact tracing efforts.

- Between sessions between the same teams coaches spray/wipe down all shared equipment and high touch surfaces with sanitizer. Do not ask players to participate in picking up pucks or other equipment from the ice.
- Adhere to Sanford Center Return to Ice social distancing and hygiene measures
  - Watch your distance & wear a mask – face covering must be worn as required by the Governor’s Executive Order 20-81 inside the rink building and while waiting in line outside when social distancing cannot be maintained. Coaches must be wearing masks at all times before, during and after practice. Players are not required to wear masks while on the ice for team activities.
  - Wash hands often with soap and water for at least 20 seconds, especially after having been in a public place or after blowing your nose, coughing, or sneezing. Use hand sanitizer before and after dressing at the rink.
  - No high-fives/handshakes, only coach(es) handle rink/training aids.
  - Coaches should avoid talking face-to-face with players, as well as avoid contact with players whenever possible.
  - No spitting by any player or coach at any time inside the rink, including on the ice surface.
  - Do not use player benches during practice.
  - No on or off ice interaction (socializing, team/player meetings, dryland activities) should occur following conclusion of practice. Coaches and players should remove skates and helmets and leave the premises within 15 minutes of the end of the practice.
- Follow all traffic patterns entering rink, entering and exiting the facility and the ice along the defined/designated paths and only to attend your assigned ice session.
- Maintain at least 6 feet between yourself and others at all times.

### **On the Ice:**

- Please create consistent pods of the same coaches, volunteers, and participants with a maximum number of 25 people in each pod. Rinks are allowed to have two (2) pods of 25 people or less at a time with no mixing between groups. Spacing in line for drills should be marked or noted by coaches or instructors every 6 feet to maintain social distancing. Emphasis will be on competitions and drills and or races that do not include an opponent physically contacting the other.
- No off-ice or dryland drills or team/player warmup is allowed within the Sanford Center.
- Do not use player benches during practice.
- Players will be reminded to face away from one another when breathing heavily
- Players are required to always keep their gloves on – even when picking up a puck or other equipment.

Return to the Ice Planning & Protocols

- All on-ice activities will end 2-3 minutes prior to scheduled end time to allow time for organizing players to leave the ice while socially distanced.

**For those with Locker Room requests:**

- Players will receive a dressing area assignment for their group at each check-in.
- After check-in, players must go directly to dressing areas and stay there until ice time. Players should not leave the dressing area until the Zamboni is off the ice and the Sanford Center Staff approves entrance onto the ice.
- Players should use hand sanitizer before and after they participate in activities – and specifically, before and after dressing.
- All dressing areas are considered co-ed, no dressing down to undergarments.
- After dressing, all clothing and equipment must be stored inside each skater’s bag.
- Players should proceed to the ice in the order of those closest to the ice rink entrance.

**Anyone not complying with the Sanford Center Return to the Ice Protocols & Procedures will be given a warning and reminded of our required protocols. If non-compliance continues, the player, teams or coaches will be asked to leave the session. Parent/Guardian will be called by the coaches or instructors to pick up the player and a meeting with the Player/Parent-Guardian(s) and the & coaches or instructors will be required before a player/parent is allowed to return to the rink. Teams will not be allowed to return to the Sanford Center if they receive their second non-compliance warning with no refund.**

I have read and understand the entire Sanford Center Return to the Ice Protocols & Procedures and agree to its terms and conditions.

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Printed Name: \_\_\_\_\_ Player’s Name: \_\_\_\_\_